



S T . P A U L ' S P R E S B Y T E R I A N C H U R C H O T T A W A

### Psalm 95

Come, let's shout praises to God,  
raise the roof for the Rock who saved us!  
Let's march into his presence singing praises,  
lifting the rafters with our hymns!  
And why? Because God is the best,  
High King over all the gods.  
In one hand he holds deep caves and caverns,  
in the other hand grasps the high mountains.  
He made Ocean—he owns it!  
His hands sculpted Earth!  
So come, let us worship: bow before him,  
on your knees before God, who made us!  
Oh yes, he's our God,  
and we're the people he pastures,  
the flock he feeds.

*—The Message*



# Off the Collar

*A Thanksgiving Memo from our Minister*

Matthew Henry, a famous Christian scholar of the late 17th century, wrote a six volume commentary on the Bible, still popular today. Henry was not only a student of Scripture, he took the Bible he wrote about seriously, and that included how the Book should apply to all of life; the good, the bad and the ugly.

For example, one night while walking home he was confronted by thieves who stole his wallet. Afterward, he wrote in his diary:

*Let me be thankful. First, because I was never robbed before. Second, because although they took my wallet, they did not take my life. Third, because although they took my all, it was not much. Fourth, because it was I who was robbed, not I who robbed.*

He obviously took to heart the words of Paul he had studied and learned from 1

Thessalonians 5:18, “give thanks in all circumstances, for this is God’s will for you in Christ Jesus.”

Henry’s commentary on this verse reads, “We should be thankful in every condition, even in adversity as well as prosperity. It is never so bad with us but it might be worse.”

Matthew Henry was a man who practised what he preached! He goes on to say, “This is the will of God in Christ Jesus concerning us, that we give thanks, seeing God is reconciled to us in Christ Jesus...”

Here is the secret of thanksgiving. The foundation for all gratitude, and the one blessing that can never be taken from us, is our relationship to God through Christ. However much we have, and however much we lack, whatever may happen and whatever threatens us, we always have reason to be thankful for the greatest blessing we could ever enjoy. As Paul puts it elsewhere, “If God is for us, who can be against us?”

It’s natural in our day to day life that the immediate needs, big challenges and urgent crises dominate our

thoughts and emotions. We can become so preoccupied with these and other obligations and responsibilities that we easily forget God’s faithfulness in Christ. Perhaps we question that love and doubt His care, or even forget about it altogether.

We need a reminder of our perfect security in Christ, and this is what Thanksgiving provides. This special long week-end in autumn invites us to step back from the busy life we live with all the trouble that is so much with us and reflect on that for which we can *always* be thankful, even when things are at their worst: God loves us.

What better way to be reminded of that love than to gather in a church, beautifully decorated for the occasion, joining with Christian friends and family to sing songs and hymns bursting with the joy of the harvest season and its visible evidence of God’s great goodness?

I hope you find that Spirit of Thankfulness at St. Paul’s this year, and that you will be lifted up to the Throne of

Grace to offer sincere praise to the God and Father of our Lord Jesus Christ, the “Father of the heavenly lights, who does not change like shifting shadows.” He is always faithful.

I’m particularly grateful that this issue of *Focus* is high-lighting the theme of leadership and the church family and the thanks we should feel and express for both. I can tell you that I am deeply thankful for them all and I express that gratitude to the Lord *very* often. They are reminders to me of God’s faithfulness; so as Paul told the Philippians, I can say to

our leaders in our church, “I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now, being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.” Read the details that follow in another great issue of *Focus*, and then won’t you join me in this prayer of thanksgiving and intercession?

May you and yours know His faithfulness in this blessed time of year and through all the seasons of life.



*Blessings  
in  
Abundance*

# Give Thanks

...for Our Church Leaders

## The Ministry Team

### LEAD PASTOR – Jack Archibald

Having been raised in a non-Christian home, Jack came to faith under the influence of Marian Di Gangi's family, and he and Marian were married in June of 1972. He soon felt a call to ministry and attended Knox College, graduating in 1976.

He and Marian began their ministry in beautiful Pictou County, Nova Scotia, where daughter Martha was born.

They returned to Ontario in 1979 to serve in Belleville, and Andrew arrived during their time there.

Then it was off to Parry Sound where they lived for fourteen years on the edge of spectacular Georgian Bay.

They acquired a cottage during their time there, and still love to get away to "the hub of the universe" at every opportunity.

They began their ministry at St. Paul's in 1999, and have felt at home since their first day. They love the church, the city and the Ottawa Valley, and while their daughter Martha has now taken up residence in London, England, they are grateful that Andrew and his wife, Maggie, along with their beautiful little daughter, Fia, live nearby.

Jack has strived to keep faithful expository preaching at the heart of his ministry, and fervently prays that, under the power of the Holy Spirit, he somehow conveys the truth of the Gospel, the grace of Jesus Christ and the call to Christian discipleship.

### ASSISTANT PASTOR – Phil Kim

Phil grew up as a Presbyterian preacher's kid (a PK), first in Korea and then in Toronto. He spent 25 years of his life in Toronto which explains his unreasonable attachment to the other Ontario hockey team.

In grade ten Phil went to a youth retreat where there was not only a great program but a good speaker. It was there Phil came to the realization that God could do more with his life than he ever could. Acknowledging the Lordship of Christ he became a changed person.

Phil attended U of T where he specialized in toxicology and while studying he was able also to work in a research lab. Although he appreciated the significance of the research being done he knew that God had other plans for his life. After graduation, he worked for a year to earn enough money to go to seminary in Regina where he received an M. Div. in Pastoral Studies in 1997. It was there that Phil met Anne and they were married two years later. Returning to Toronto, Phil worked as a youth pastor in a Korean church ministering to the English-speaking members of the congregation. While there he developed wider ministry interests and when he and Anne had an opportunity to work

with a pastor in Jakarta, Indonesia they accepted the challenge and spent two years there working in the slum areas as well as setting up a city-wide youth organization and a study group for students in an international school.

In 2006 God led Phil and his family to St. Paul's where he was given the role of Discipleship Coordinator. In October of 2011, St Paul's congratulated Phil in

receiving his ordination within the Presbyterian Church of Canada.

Phil, along with his family, has become an integral part of our pastoral team.



*Phil, Anne, Elijah and Emmanuel*

## YOUTH PASTOR – Jeremy Sauvé

At St. Paul's, we recognize the vital importance of ministry to our Young People, for they are the future of our society and our church. Jeremy Sauvé, together with his wife, Amanda, joined the St. Paul's team in mid-2006. Jeremy is an avid outdoorsman, with a passionate heart for youth ministry. Whether through an all-nighter lock-in at the local Laser Tag establishment,

the weekly drop-in time before Youth Group at the church, or taking time to share coffee or a meal one-on-one, Jeremy actively seeks to meet young people right where they are.



Jeremy, the oldest of three children, was born in Arnprior. When Jeremy was entering his teens the family moved to a hobby farm and bush lot near Renfrew. After secondary school Jeremy attended Algonquin College and trained to be a chef. It was during this time that he read Jim Elliot's biography *The Shadow of the Almighty* which challenged his thinking about missions. As a result he went to the New

Tribes Bible School in Michigan for two years and then did a six-week field placement working with the Bena Bena tribe in Papua, New Guinea.

Jeremy decided to pursue teaching as a career and so studied history and English at University of Ottawa for two years, after which, somewhat disillusioned with higher education, he went to work for a year as a laborer. But God was still pursuing Jeremy and when he went back to school, he completed a B.A. Degree in general education and theology from Briercrest Bible College in Saskatchewan. It was there that he met Amanda and they were married following his graduation in 2003 and left for South Korea where for ten months they taught ESL in a Korean school. Then it was off to Aberfeldy Scotland where Jeremy worked for two years as the head chef in a café and Amanda worked as waitress and supervisor.

In 2006 Jeremy, along with Amanda, joined the St. Paul's team to take over the ministry to young people. As well as a family of many young people, Jeremy & Amanda now have a wee daughter named Nevaeh ("heaven" spelled backwards).

[Sign the book *The Shadow of the Almighty* out of the Resource Centre and read it—it's turned many a life upside-down! – your Editor]

## The Session & The Board of Managers

*The Session*, including Moderator Jack Archibald, is responsible for the leadership of St. Paul's, setting direction and keeping it on course; also overseeing all aspects of congregational life: Discipleship, Missions, Community Outreach, Pastoral Ministries and Worship.

*The Board of Managers* works in partnership with the Session collecting contributions, paying salaries, bills, disbursing money for mission and ministry, caring for the church facilities and reporting the church's financial standing.

When a local church functions as it ought, the Session and the Board of Managers work together as a team to ensure that everything is in place to fulfill its purpose and accomplish its mission. For example, the Session, in pursuing *our* vision and setting *our* direction, may require funding for projects, programs and personnel (and we mustn't apologize that sometimes money is required to help provide effective ministry). In so doing the elders need to be sensitive to the fiscal state of the church and not put too great a burden on the congregation, but must at the same time follow where they believe God is leading our church. The Board of Managers should feel comfortable advising the Session as to the potential of the congregation to meet budgetary challenges, but must also share the vision and do all they can to enable St. Paul's to be all that God calls us to be. We're blessed with strong cooperation and enthusiastic participation by both the Session and Board in *our* congregation; in fact it's a model of Christian leadership, partnership and stewardship, and another reason for great thanksgiving to God!

**THE SESSION**

JACK ARCHIBALD	MODERATOR
PHIL KIM	DISCIPLESHIP MINISTRIES
DAN SEEKINGS <i>(no picture)</i>	CLERK OF SESSION
ALICE BOAME	SUPPORT MINISTRIES
CHARLIE DICKEY	SUPPORT MINISTRIES
EVELYN PIKE	CHRISTIAN EDUCATION
MARK RANSON	SUPPORT MINISTRIES
ED SMITH	DISCIPLESHIP MINISTRIES
ARNOLD MACDONALD	PASTORAL MINISTRIES
JOHN STEVENSON	COMMUNITY OUTREACH
CLIVE TALBOT	WORSHIP
GORDON RICHARDSON	COMMUNITY OUTREACH
JUDY RICHARDSON	PASTORAL MINISTRIES
ANN BURGESS	MISSION PARTNERSHIP
JEFF CAVILL	DISCIPLESHIP MINISTRIES
DON MOEN	MISSION PARTNERSHIP
MARY ANN MARSTON	VOLUNTEER SUPPORT
LYNN ARTHUR-BEIRNESS	PASTORAL MINISTRIES
ELDON FROST	COMMUNITY OUTREACH

*Can you match all the faces with the names? If not, do ask around; even find the person and ask them! Either way, it's a great way to make new friends.*





BOARD OF MANAGERS	
<b>CLAIRE-LINE AECHERLI</b>	COUNTING CONVENOR
<b>JOHN ANDERSON</b>	ENVELOPE CO-ORDINATOR
<b>EVELYN ARTHUR</b>	OFFICE MANAGEMENT
<b>DON CARSON</b>	BOARD CHAIR
<b>ROB CHALMERS</b>	SECRETARY/FINANCE
<b>LIZ EVANS</b>	TREASURER
<b>BOB HILL</b>	VICE CHAIR
<b>BRIAN KANFER</b>	FINANCE
<b>VICTORIA MABIE</b>	LEADER-IN-TRAINING
<b>FRASER MARSTON</b>	PROPERTY
<b>JOHN PENNER</b>	FINANCE
<b>AIMEE RAE</b>	COMMUNITY OUTREACH
<b>MARK RANSON</b>	CHAIR OF FINANCE
<b>PATRICIA TALBOT</b>	ASSISTANT TREASURER
<b>REG WYLIE</b>	CHAIR OF PROPERTY



*How many names of these people can you match with their faces? Ask around, even find the person—a great way to meet some of these perhaps less-known but significant leaders at St. Paul's.*



# Give Thanks

...for Our Church Family



## The Nursery

We give thanks for the St. Paul's Nursery Ministry which exists to share God's love with our littlest members, by providing every child with the best care possible and seeing the grace of Christ transform the next generation.

Our nursery helps small children become followers of Jesus Christ by teaching them the Gospel of Jesus Christ using methods of instruction and interaction that are both effective and age-appropriate.

Our goal is to be tender but true. We pray the Holy Spirit will use the truth to communicate the grace of Christ, bring conviction to each child's heart and conscience, ultimately to bring the gift of faith.



We are thankful for the nursery children and their families; and are enormously grateful for the caring volunteers who give of themselves each week to 'love on' our children.

*Victoria Miles*



## The Sunday School

We give thanks!

There is much to be thankful for in the St. Paul's family as the new term starts. To accommodate the need for Christian Education in two services, new teachers have come forward to help, and our leadership team feels very encouraged. Our hope and prayer is that families will feel supported in their own spiritual development by what we offer their children on Sundays. Through our dynamic Gospel Light curriculum, we are challenging our students to become knowledgeable about God's Word and how to apply it in their young lives. A typical lesson often includes games, movement, singing and drama as well as a lively presentation of the Bible story.

We are grateful for the support of the congregation in helping us to minister to our youngest members.

*Evelyn Pike*

## Pioneer Clubs

Tonight [September 20] at Pioneer Clubs, I asked the children what they are thankful for, in relationship to Pioneer Clubs. I immediately received a unanimous chorus of "Snacks"! After that "bacon" and "chocolate cake" were added to the food category.

Yes, it is good to be thankful for the food that God provides for us and snack time IS a very special part of our Thursday evenings, for sure! Next, Joshua said that he was thankful for games. Yes, game time is a competitive and intense time of running, jumping and burning off excess energy.

I, too, am thankful for game time at Pioneer Clubs! Evie, who graduated from Pioneers last year, is back again this year helping out with the youngest group, the Scooters. She said that she is thankful and glad to still be able to come



to Pioneers. I am thankful for Evie and all the wonderful and dedicated leaders and helpers who God has given us this year...so thankful! Micah said that he is thankful for everything that he owns. Yes, God is good and provides all that we need. India is thankful for kindness, definitely a good thing in a world that can be so unkind! Simon said that he is thankful for the ability to meet with Jesus Christ in such a wonderful building. So very true! AND Geoffrey said that he is thankful that Jesus died for us! Wow! I couldn't have said it any better myself!

I am so thankful to have these beautiful, amazing children in my life! So thankful!

*Janet Mabie (Pioneer Coordinator)*

## Summer Camp

This year's half-day summer camp took place during the week of July 16<sup>th</sup> – 20<sup>th</sup> and hosted approximately 90 children ranging in age from 4 to 12 years old. The theme of this year's Summer Camp was Sonrise National Park. This energetic group of campers enjoyed activities including: snack, outside games, Bible stories, rhythm and music, crafts, outside water fun-day, group prayer time, and worship. The finale on Friday was a performance by the campers singing and dancing songs of praise followed by a luncheon for the children, their families and all of the volunteers. The Theme Verse for our "Cool-Cool Summer" camp:

*My God will meet all your needs according to his glorious riches in Christ Jesus.*

— *Philippians 4:19, NIV*

If you attended summer camp (or know a child who attended camp), the song for the theme verse and the song "Cool Cool Summer" may still be locked in your memory.

This ministry continues to be an important outreach into our community with more than half of the children coming from outside our congregation and we are thankful for the more than 15 youth and 30 adult volunteers whose contributions made the week a success.

*Andrea Jones*



## Missionary Family

*St Paul's Mission Budget helps to support several individuals or families who are representing us and sharing their faith in diverse ways and places. This fall we hope to have the congregation become more familiar with these members of our "missionary family" and what they are doing, partly to support them with faithful prayer. Most of them have been part of our congregation at one time or are closely connected to our church family. We give thanks for each one and give snippets of information below to help you get to know them.*

### **SCOTT & BETH HURD, OMF SINGAPORE**

*(Both former Elders of St. Paul's)*

Scott is the chief information officer for Overseas Mission Fellowship and Beth is in charge of the teaching of mathematics in the Canadian International School in Singapore. Scott has travelled to several countries recently to support the partners' use of the best technology available for their work. Daughter, Anne, spent six months filling various needs for OMF, and returned to Canada in the summer to plan her December wedding to Coleman Glenn.

### **JON & MARILYN FULLER, OMF SINGAPORE**

The Fullers, along with youngest daughter, Bethany, visited St Paul's in July, and returned to Singapore in August. Jon is the International Director of Mobilization and Marilyn teaches at the International Canadian School. Fullers are designated to return to Canada next summer to share the role of Canadian Director for OMF. Daughters Katie and Emily are currently in Toronto.

### **GEOFF & ESTHER BEATTY, SUDAN INTERIOR MISSION, BURLINGTON**

Beattys have returned to Canada to support aging family members and plan to continue ministry with SIM ConneXions, which is about mobilizing the Canadian Church to reach newcomers to Canada in a culturally effective way.

### **GUILLERMO & WANDA MEJIA LAM, MEDILLIN, COLUMBIA**

Guillermo is teaching at the seminary, which is preparing students for ministry throughout Latin America. Wanda, a nurse by profession, is filling various roles as needed. They enjoyed a visit from their daughters, Erika and Lili, (both former members of our youth group) during the summer.

### **REUBEN & BEV RAMIREZ, LAM ARMENIA, COLUMBIA**

The Ramirezes pastor the vital and fast growing Shalom Christian Community in Armenia. Besides the local congregation of about 1000, they have an active youth outreach and an internet congregation of hundreds spread

over 44 countries. Bev was part of our congregation for several years when she was a teacher in Ottawa.

### **CANADIAN CENTRE FOR WORLD FELLOWSHIP**

An unnamed couple is working with small and intermediate enterprises in several countries without publicity.

### **BRIAN MCCONNAGHY, RATANAK**

Brian, the son of a former St. Paul's pastor, founded, and continues his ministry to Cambodia, raising funds for a variety of causes such as health centres, safe water, orphanages and more recently rescuing children from the sex trade.

### **JILL WILSON, URBAN CHRISTIAN WITNESS, OTTAWA**

Jill comes alongside individuals in downtown Ottawa with special needs, who do not fit into regular services. She often finds the help they need and also works in a literacy program to improve their employability.

### **ROBIN SHUGART INTER-VARSITY CHRISTIAN FELLOWSHIP**

Robin Shugart spent six weeks in the summer in Sierra Leone, working with two others to educate local pastors in financial management, expository preaching, and evangelism. The accompanying picture shows her at work in Bonthe, SL. She is back at the University of Lethbridge now, developing leaders, and encouraging students to register for the Urbana Mission Conference in December. Robin was born into the St. Paul's family.

### **JILL HAMER-WILSON INTER-VARSITY CHRISTIAN FELLOWSHIP**

Jill helps graduate students, faculty, and medical students to grow in Christian fellowship and in evangelism to non believers in the university environment.



**Jill, Jono, Jonah, Eliana & Tavian Hamer-Wilson**  
IVCF Graduate Student and Faculty Ministries, uOttawa  
h: 613.230.1035 | c: 613.304.5345 | jill@ncf.ca | www.ivcf.ca



*Robin Shugart teaching pastors in Sierra Leone (see previous page)*

## *A University Student's Initiative*

***Heather Shugart grew up in St. Paul's and has been actively involved over the years. She is currently continuing her studies at U. of Ottawa and to share her Christian faith with her fellow students.***

Dear St. Paul's,

I would like to tell you about an exiting ministry that I am involved with this year. As some of you know, I am a student at the University of Ottawa, and a leader for the Inter-Varsity Christian Fellowship group there. This year I made the decision, along with another student leader, to move into a residence building to tell people about Jesus. Our strategy is twofold: intentionally create relationships with people and live lives that are noticeably different and intriguing, and teach Bible studies to give people the opportunity to learn about who Jesus is.

We have been living in residence for two weeks now, and already God has blessed us with incredible opportunities. During frosh week, we hosted pancake parties so that we could meet people in the building and start getting to know them. We made lots of pancakes, and then knocked on doors and invited students to come, eat, and hang out. We did this three times, inviting two floors at a time. By the end of frosh week, we had knocked on every door in the building and had met about eighty people and had good conversations with about thirty of them. We have continued to see these people, talk to them, and deepen relationships with them. We are excited about these new friendships, and are looking forward to receiving opportunities to share our faith with them.

God has also given me an amazing opportunity to share my faith with one of my roommates, who is an international student from China. She came to Canada knowing close to nothing about Jesus. When she found out that I am a Christian, she peppered me with questions and showed a level of curiosity that I have never come across before. We have started reading the Bible together every night before we go to bed. We are reading the gospel of John, and it takes us about an hour to get through just half a chapter because she has so many questions. She thought that Christianity was all about following rules and being a good person, and has been shocked to hear that it is actually about believing in Jesus. She thinks it makes no sense, and is quite frustrated that I believe it.

As I continue in this ministry, I would really appreciate your prayers. Please pray that God will give us energy and love as we develop relationships with our peers. Please pray that people will come to Bible studies, and that God will give us wisdom as we teach and have conversations about faith. Finally, please pray that God will work in this building and that he will bring many students to know him this year.

Blessings,

**Heather Shugart**

## Youth Ministry



# EPICENTRE

STUDENT + MINISTRY

STUDENT + MINISTRY



### What's in a Name?

Over the past month some of you may have noticed the new name and graphic that is being used to describe, or brand, the youth ministry at St. Paul's.

We are excited about this new direction and wanted to take a few moments to let you know why. As many of you know the youth ministry has been very successful over the past year and with that comes an increased challenge for us to clearly communicate what it is we stand for. We felt that the best way to begin that was to create a new name and a graphic that would represent that name.

Why "epicentre"? Collin's Dictionary gives a relevant, albeit informal, definition, "*The absolute centre of something.*" Epicentre Student Ministry exists to draw young people and their families into an vibrant relationship with Jesus Christ who is the absolute centre of everything. He is the reason we exist. He is the reason why we serve.

Colossians 1:16,17 explains this perfectly.

*"For by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him. He is before all things, and in him all things hold together."*

We are excited to see where God will take us in the future as we increasingly look to Him to guide and direct all of us in this ministry. In August a group of us embarked on a six day expedition into the heart of Algonquin Park.

It was an awesome group of young people and adults to lead, ranging in experience from "legendary" to "how do I hold the paddle?" We were blessed with a lifted fire ban,

great weather and safety. Above all, the building of relationships with each other and with God was the highlight. What better place to connect with our God than away from the "hustle and bustle" of our daily lives than out there?

I wish to express my gratitude and thanks to the incredible



group of volunteers that worked extremely hard to make this trip possible and to the individuals who lent us gear. I am excited about developing this particular aspect of the student ministry for I see incredible value in it.

Finally I wish to say publicly to all of the youth that partook in this journey, you were an awesome example of what can be accomplished when we work as a team. See you next year!

*The picture above was taken after a particularly grueling 2.3 km portage on our last day. Most had to travel it twice making it 6.9 km of walking with heavy packs, canoes and equipment.*



## Seniors' Luncheons

Our season had a good beginning with a luncheon in Campbell Hall on October 24th. It was a time to meet and greet one another after the summer break.

The next luncheon is scheduled for October 24th when we will be entertained by the music group who call themselves "Mostly Bows." Several of our own people make up this group and their music is always a hit with our Seniors.

On Nov. 7th the seniors are hosting a dessert and coffee time for all ages. There will be a special emphasis on missions—Galcom International (who make small solar radio/recorders to spread the Word of God).

On November 28th Evonne Isaak will tell us about her "Rainbow Bridge Binder." This is a helpful way to organize papers and documents to make them readily accessible.

Then in December our annual Christmas turkey dinner will be held on the 12th. This will be followed by a special programme in the sanctuary.

Sholto Cole has agreed to take us on a pictorial journey to British Columbia in January and in February Jennifer Chalmers and her mother, Sylvia Young, will be back to entertain us in song.

On March 27<sup>th</sup>, "Mostly Bows" will be back again and in April Lynne Rochette plans to tell us how "The Porridge Fund" began. This is an outreach to AIDS Orphans in Uganda.

Watch for details in the Bulletin and be sure to sign up for these luncheons. A sheet will be available in the Narthex at the entrance to the Resource Centre.

*Lucille Campbell*



*Left to Right: Don Campbell, Lucille Campbell, Shirley MacDonald, Linda Shugart, Lynn Arthur-Beirness, Arnold MacDonald*

## Small Groups

### THURSDAY MORNING MEN'S SMALL GROUP

About a dozen or so men gather together every Thursday at 7:00 a.m. in the Resource Centre at St. Paul's. It's an early start, but a strong cup of coffee, stimulating conversation and serious Bible study have kept us meeting faithfully and enthusiastically for some 14 years. Not all our current participants were in the original group, but the number has remained pretty consistent, and as new members join us, we are blessed by new insights and renewed energy!

We have shared many study materials over the years, and whether of good quality or poor (and our men don't

hesitate to tell us when the studies aren't 'up to snuff'), we find ways to dig into Scripture and make application to our world, our church and our own lives. We're currently studying a book by Eugene Peterson (our leader Jack Archibald's favourite Christian author), called *Practice Resurrection, a Conversation on Growing Up in Christ*, which has proved practical, relevant and thought provoking.

Wishing not to focus only on ourselves, a group of our men help out at the Ottawa Mission once a month, serving breakfast to the clients.

If you wonder how we've been able to persevere for so long at these early meetings, we reward ourselves one Thursday morning a month by

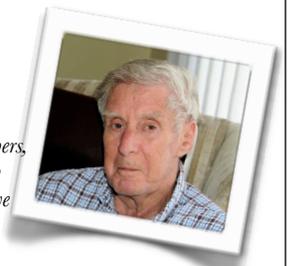
meeting at a local restaurant for a hearty breakfast and warm conversation (not to mention much tastier coffee than we seem able to prepare for ourselves).

Perhaps a few more men could be tempted by the rich spiritual nourishment and the delicious breakfasts to join us on a Thursday--we'd be delighted to see you! And of course there are other small groups that meet at other, less "ungodly" hours all through the week around St. Paul's, and usually the food is free. You'd always be welcome at these gatherings held in members' homes and at the church, so why not give Phil a call at 613-729-3384 and find out more about them?



Back row L to R: Eldon Frost, Pierre Ostiguy, Stuart Miles, David Stewart, John Bieler  
Front row L to R: Sholto Cole, Gord Richardson, Wally Troup, Robin Barr, Jack Archibald (pastor)  
Absent: Don Carson and Jeff Cavill

Sadly for this small group one of its stalwart members, Robin Barr, has just returned to Toronto after many long years in Ottawa. The great group portrait above was fortunately taken before Robin's move.



## Resource Centre

The Library Committee gives thanks and praise to God this Thanksgiving for many blessings, like the

privilege of serving our multi-generational congregation and to enable all of us to grow in our faith.

"Food for the Journey" is our motto. We

are especially thankful this year for the funds the congregation entrusts us with and hope our choices are yours.

The library is always a work-in-progress; our busy Library Committee is re-vamping the 8-12 year old Youth section and putting together a new Children's section



so parents can read to their young children. Videos are old technology, so we are also in the process of vetting our collection. Ed Smith has kindly offered to transfer the ones to keep onto DVDs. This work is so time consuming that we would welcome a volunteer to become a Children's Librarian

We've designated late October into November Missions Month (see notice elsewhere), so be sure to browse through the featured books of Christian Heroes Then and Now—names perhaps not familiar, but good reads!

Check out the 80+ Small Group booklets to see if any of them would be appropriate for your group. If you have booklets from previous group studies, please bring them in so that other groups may make use of them.

*Evonne Isaak*

## Book Circle

**B**egan in 2009, with a discussion of *Pilgrim's Progress* by John Bunyan. To date, we have read and discussed over 24 books.

**O**ur group meets Mondays on a bi-monthly basis in the Fireside Room from 7:00-9:00p.m.

**O**ccasionally, we show a film version of a book. It's not necessary that you read the book beforehand, although many books are available in the Resource Room.

**K**ick-off for this season is Monday, October 15th, 2012.

We will be showing the film, *Pilgrim's Progress - Journey to Heaven*, a modern adaptation of Bunyan's classic. Follow the character Christian, as he journeys from the City of Destruction to the Celestial City. Refreshments will be served.

## Phil's Report on... *Are We Building on the Rock?*

During this past year, St Paul's has been involved in a campaign called "Building on the Rock." We've been encouraging everyone to read, study and live out the teachings in the Bible. Jack has been teaching a great sermon series called "Magnum Opus – God's Great Enterprise of Love." He has preached on the major themes from the Bible. We have also made available to the congregation a Bible reading plan called E100. It has 100 verses from the Bible highlighting the major themes from the Old and New Testaments. Many people have responded well to the E100. To this date, we have given out more than 300 copies of the E100 at St Paul's. But we were still left with a burning question, are the people at St Paul's reading their Bibles? So this

past June, we handed out a survey to get a better indication of how people have been interacting with the Bible. Here are some of the results:

On Sunday, June 10, 2012, there were 75 people in the Contemporary Service and 202 people in the Traditional Service giving a total of 277 people that day.

The surveys were handed out and we received 90 back which gives a 32% response.

99% of respondents said that they were interested in the Bible with 57% saying that they had a great interest in the Bible.

79% of respondents said that they read the Bible regularly during the week.

7% were honest enough to admit that they have never read their Bible.

When asked how St Paul's can help in better understanding the Bible, a clear majority said that they were already in or were interested in joining a small group for Bible study.

Could the results of this survey give us a small glimpse into what is going on in St Paul's? Our Lord Christ has said that "People do not live by bread alone but by every word that comes from the mouth of God" (Matthew 4:4). Let's join with the many who are saying that they have a great interest in the Bible.

The survey was also given to the elders in Session. We are glad to report that 100% of our leaders are regular readers of the Bible.

**C**omments and suggestions are always appreciated! We offer an open discussion format and are always looking for new book ideas.

**I**nformational, informal and always interesting!

**R**ead—this is what we all love to do! Many genres have been read and discussed: biography, allegory, autobiography, commentary, fiction, poetry—the sky's the limit

**C**onnect with others, make new friends and...

**L**earn something new! From time to time, we also welcome special guest speakers to speak on a variety of topics related to our book discussion.

**E**veryone welcome! For more information, please see Mary Anne Marston or speak to any of the volunteers at the library desk in the Resource Room.

## Ghislaine's Notes

*How was your summer? I hope you found time to relax and enjoy it, even if we needed rain sometimes.*

### **"We WILL remember them"**

Don Olmstead

Memorial service for Kathy Drake

Bonnie Ann Acres' husband Earl

Alan Grunder's wife Laura

Alice de Pater

Judy Richardson's mother,

Vancouver

Elizabeth Urban, Barrie

(She was an involved member of St. Paul's in the past.)

Joanne Barnabe's sister, Jill

Cell Meldrum

Mark Ranson's father,

Barrie

Eldon Frost's sister, Evelyn,

Port Coquitlam, BC



*Our prayer support is with all the bereaved.*

### **New Arrivals**

*February 20th* Blessing of a new baby, Sophia Appiah, born, to Patricia and Michael Appiah, a sister for Abraham. Her proud grandmother is Beatrice Amisshah.

*March 31st* Sofia Alisa a granddaughter for Mark Ranson.

*September 6th* Jude William Garth, a son for Tim & Amanda Mader.

*September 17th* Marcus Christian, a son for Sara and John Hertwig-Jaksch, and brother for Sophia and Elise.

### **Baptisms**

*August 12th* Baptism of Enam Kome Axel Arnold Adjafeta, son of Obra and Avit Tchetchenigbo, brother for Faith, Ulrich and Axel.

*Do remember to pray for all parents of young children in our congregation.*

### **Seniors' Luncheons**

*March 28th* With entertainment from the musical group "Mostly Bows," consisting of eight musicians, two women and six men, three of the latter are from St. Paul's—Alan Grunder, Arden Walther and Arnold MacDonald. GREAT music! I was sitting next to Ken and Mary Farrell who were able to sing 90% of the songs. Bill Thomson couldn't sit still and Dorothy Doll's feet were tapping out the music the whole time!

*April 25th* Good food and warm fellowship; the guest speaker was Rev. Ken MacLaren, Executive Director of Ottawa Inner-City Ministries. It was very interesting to hear about the good work done by this group.

### **September 9th, Welcome Back Luncheon**

Everyone brought sandwiches and the rest of the lunch was supplied. There was a good choice of food, and a big attendance. It is encouraging to see more people attending, giving everyone a chance to get acquainted with each other.

### **The 'Softer Side' of St. Paul's**

Our new pew cushions are in place. We are grateful for Lorne James' generous gift in memory of his wife, Helen. I am one of those whose feet do not touch the floor; so I lean my legs on my cane. It's still pretty comfortable.

### **St. Paul's Solar Power Update**

The solar system was activated and connected to the Hydro grid on Wednesday, July 11th. That process is now complete. Thank you to our property manager, Reg Wiley, And the Board of Managers for this initiative.

### **Women's Retreat, Saturday, May 12th**

Guest speaker was Birgid MacCullum at Camp Galilee. Fifty eight ladies attended It was the nice weather, lots of good food and lots of games I never heard about before.

### **Special Guest Speaker, Sunday Morning Service June 24th**

The Rev. Charles Deogratias, a Rwandan by birth and who lived through the horrors in that country, is now a highly successful Canadian forces Chaplain, a gifted preacher and deeply committed & compassionate Christian who has much to share about God's grace in his life and the power of the Gospel in our world's darkest places and most challenging situations

### **Maundy Thursday, April 5**

A special message from Jack describing the Last Supper, and the significance of the symbols of the towel used to dry the feet of his disciples and the bowl in which each one dipped the bread. A powerful message!

### **Good Friday Message April 6**

We heard about Isaiah chapter 53 verses 1 to 12 Easter Sunday Service April 8. Mark Thallander and Carl Fraser (trumpeter) were with us for a rousing service. Jack's message was entitled "Love Faith and Hope."

### **"Olivet to Calvary" Contata April 1st**

Thirty people in a strong choir, five not from the St. Paul's Choir. The choir rehearsed from the beginning of February under the leadership of conductor Clive Talbot. The organist was Patricia Talbot, and the soloists were Jeff Coleman (baritone), Ross Dixon (baritone), Paul McKechnie (tenor), Kim Moen (soprano), Bill Shaw (tenor), and Michael Talbot (baritone). The evening was a blessing.

### **Choir Festival June 3 "One Faith One Hope One Lord"**

The Guest musicians were Tom and Darlene Martrone from Springfield Missouri and Mark Thallander from Palm Springs, California. Also involved were singers

from Barrhaven United Church, First United Church and Knox Presbyterian Church, Manotick.

### **Pulse Outreach** May 6

Nick Hall is the founder and chief communicator for Pulse Outreach. He has traveled since 2001 training youth in evangelism and discipleship. He was involved with Rock the River in Ottawa September 29-30<sup>th</sup>. He facilitated the FM 419 youth evangelism training on May 4<sup>th</sup> and 5<sup>th</sup> at Bethel Pentecostal church.

### **Sunrise National Park Summer Camp**

From July 16<sup>th</sup> -20<sup>th</sup> between 80 and 90 attended. Only 24 Gideon Bibles have been given away because many got one last year and some are too young to read it yet.

### **One-of-a-kind September 23<sup>rd</sup>**

Carrie Marsden was baptized by Jack in the Ottawa River at Britannia Beach, taking this significant step in her Christian pilgrimage. Pray for her as she acknowledges God's grace and testifies to her faith in Christ. She gave her testimony at both services that Sunday. About twenty five people were at the beach. This is the second baptism by immersion; the first one was on October 15, 2006 when Erika Natalie and her sister Liliana Rebecca Mejia were baptized by Jack in the Ottawa River at Bates Island.

### **Very Special Past Occasions**

*August 18* Bill and Isabell Johnston celebrated their 67<sup>th</sup> wedding anniversary at Killarney Lodge in Algonquin Park.  
*August 19* Murray Cowan celebrated his 90<sup>th</sup> birthday. His family invited the congregation to Campbell Hall after the Sunday morning service for some birthday cake (a big one!).  
*August 26<sup>th</sup>* Attah and Alice Boame celebrated their 25<sup>th</sup> wedding anniversary. Two nice cakes were served in Campbell Hall.

### **Future Events**

*October 10<sup>th</sup>* Eleanor and Bob Hasting's 53<sup>rd</sup> wedding anniversary  
*October 27<sup>th</sup>* Norma and Mervin Stanzel's 56<sup>th</sup> anniversary  
*October 29<sup>th</sup>* Ruth and Garnet McLinton's 56<sup>th</sup> anniversary  
*Oct 21<sup>st</sup>* Jessie Moon's 93<sup>rd</sup> birthday  
*Nov 26<sup>th</sup>* Ann & John Bieler's 57<sup>th</sup> anniversary

### **Visiting St. Paul's**

John Fuller and family in July  
 Rosemary Walker from Montréal  
 Margaret, Sean Veira and their sweet little girl Rachel from Orleans  
 David and Matthew Pike from Kingston  
 Emily Stevenson from Toronto  
 Liliana Mejia from USA – she came for Paige Widdis's graduation  
 Harley Davidson from Calgary  
 Richard Lessard from Toronto  
 Collin Adams from Kampala, Uganda  
 Robin Shugart from Lethbridge  
 Mylene Ward from Guelph

David Seekings from Nova Scotia  
 Martha Archibald from England

### **Congratulations to Graduates**

Victoria Mabie BA Honors (Music), U. of Ottawa  
 Ken McAlpine Culinary Management, Algonquin College  
 Joshua Smith BA Honors (Political Science), Carleton University  
 Andrew Hill Masters in Physiotherapy Western U.  
***Good work!! We are proud of you all.***

### **Those Starting College or University**

Elizabeth Mabie, Algonquin College  
 Stephanie Smith, Algonquin College  
 Hannah Jonker's U. of Ottawa  
 Chelsea Davidson U. of Ottawa  
 Paige Widdis U. of Ottawa  
 Kristen Gulich U. of Ottawa  
 Carrie Marston Everest College, Ottawa  
***Please remember them in your prayers***

### **A Farewell**

Robin Barr moved to Toronto. A party was held September 30<sup>th</sup>. He will be missed by many people from the church, especially those in the Men's Thursday Morning Bible Study.

### **Golf Group Lunch, September 21<sup>st</sup>**

Six members of the Golf prayer group gathered for lunch at Erma Seekings' home. Good food! What do you think the conversation was about? Golf of course. Thank you, Linda, Liliana and Erma for organizing the ladies' golf.

### **Hot off the Press!**

Kenneth Farrell was awarded the *Queen Elizabeth II Diamond Jubilee Medal* for dedicated service to his peers, community and to Canada. During his career Ken was involved in many aspects of nuclear protection planning.

### **Congratulations, Kenneth!**

In discussions with Myrtle Ashwin, wife of the late Dr. James Ashwin, the Scholarship Committee at Ludhiana in India made a decision to establish a scholarship in physiology in his honour. Dr. Ashwin went to Ludhiana in 1953 to begin teaching physiology at CMC as it was a new requirement in order for the school to upgrade and offer the MBBS degree. He taught from 1953-1955 but was tragically stricken with polio. After a long recovery period in India and England he returned to Canada to continue rehabilitation. Here, in spite of never being able to walk again, he first taught at the University of Saskatchewan and then later took a position at the Canadian Federal Bureau of Drugs.

### **Well deserved!**

**Food For Thought: "PRAYER IS THE SOIL IN WHICH HOPE GROWS BEST."**

***God willing I will be back in December.***

***Your friend Ghislaine***

## Announcements of Note

### MISSIONS MONTH AT ST. PAUL'S BEGINS OCTOBER 21

Special speakers, special events, special activities are planned for all ages and groups

The Library will have some great new books on missions

Watch for announcements of upcoming events!

For those who have gone, those who will go, and those who send, pray and give,

let the whole church learn to love Jesus' Great Commission

Be part of sharing God's Glory by attending the many activities we have planned

### CHRISTMAS IS COMING...

### AND SO IS SATURDAY, NOV 24TH 2-4

All women of St Paul's are invited to a Christmas event entitled

### "MERRY CHRISTMAS FROM OUR HOUSE TO YOUR HOUSE"

Campbell Hall will be made into into a warm and inviting home like setting. You'll enjoy festive foods, good music, and inspirational thoughts that will encourage us to remember why Christmas is such a wonderful time of the year. Come and relax with women of all ages from our St. Paul's community.

As you mark the date on your calendar, pray about women you could invite to share this day as your guest. Watch for a sign-up sheet in the Narthex in October. For information contact Janice Hunt 613-237-1180



*"A thankful heart is not only the greatest virtue,  
but the parent of all the other virtues."*

*— Cicero (106 BC–43 AD)*

### **JESUS HEALS TEN LEPERS**

*(Luke 17: 11–19)*

As Jesus made his way to Jerusalem, he went along the border between Samaria and Galilee. He was going into a village when he was met by ten men suffering from a dreaded skin disease. They stood at a distance and shouted, "Jesus! Master! Take pity on us!" Jesus saw them and said to them, "Go and let the priests examine you." On the way they were made clean.

When one of them saw that he was healed, he came back, praising God in a loud voice. He threw himself to the ground at Jesus' feet and thanked him. The man was a Samaritan. Jesus said, "There were ten men who were healed; where are the other nine? Why is this foreigner the only one who came back to give thanks to God?" And Jesus said to him, "Get up and go; your faith has made you well."

### **THE REMORSE OF NINE UNGRATEFUL LEPERS**

*A Poem based on Luke 17:11-19*

"I meant to go back, but you may guess  
I was filled with amazement I cannot express  
To think that after those horrible years,  
That passion of loathing and passion of fears,  
By sores unendurable—eaten, defiled—  
My flesh was as smooth as the flesh of a child.  
I was drunken with joy; I was crazy with glee;  
I scarcely could walk, and I scarcely could see,  
For the dazzle of sunshine where all had been black;  
But I meant to go back, Oh, I meant to go back!  
I had thought to return, when my people came out,  
There were tears of rejoicing and laughter and shout;  
My cup was so full I seemed nothing to lack—  
But I meant to go back, Oh, I meant to go back!"